Come Boys and Girls, come out to play,  
The moon doth shine, as bright as day;    
Come with a whoop, come with a call,   
Come with a good will, or not at all.

Stereotyped by James Conner, New York.

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PREFACE.

SPRING.

When chilly Winter's reign is o'er,  
And joyful Spring returns once more,  
Our leisure time we'll pass away,  
In innocent and healthful play.

SUMMER.

The lengthen'd day, and moonlight night,  
Now all good girls and boys invite,  
While Summer lasts, with spirits free,  
To fine'rn spend each holiday.

AUTUMN.

Spring is gone, and Summer is past,  
And Autumn's going away quite fast,  
But still some plays there are behind,  
For girls and boys who're so inclin'd.

WINTER.

In Winter, sports of exercise,  
For out-door pastimes, are most wise.  
Such plays as these are much the best,  
And give to play a higher zest.
SHUTTLECOCK.

Of games, 'tis said, this is, with truth,
Best suited to the age of youth;
The exercise it gives the frame,
Makes it a very useful game.

Either boys or girls can play at this, which is a pleasing and healthful recreation, and will afford good exercise from the still pursuits of the needle or book.
TRAP AND BALL.

This is a pleasing, healthy sport,
To which most boys with glee resort.
When young Francis knocks the ball,
Catch it, Billy, or it will fall.

How delightful it is, on a fine spring day, to see boys actively engaged at this play!
It strengthens their arms, exercises their legs, and adds pleasure to the mind.
HOP-SCOTCH.

The Spartan women, we are told,
As well as Greeks, who lived of old,
This play did practice with delight,
And viewed it useful—well they might.

This play like the one preceding, gives strength to the limbs, and affords good exercise. But boys should not play this on the pavements of crowded cities.
ROCKING HORSE.

O see this boy, with conscious pride,
The Rocking Horse so stately ride,
"Gee up—Gee ho"—how fast he goes,
Hold tight! don’t fall and break thy nose.

Small children can amuse themselves very pleasantly in this way, if they are careful not to rock too hard, so as to get a fall and hurt themselves.
MARBLES.

At Marbles, two or three can play,
At morning, noon, or close of day,
Plump goes the marble, with aim true,
Out from the ring it knocks a few.

Boys are very fond of marbles, and we often witness them engaged in this play, as we pass along the streets of New-York. They should never play for each other's marbles, for that is gambling.
TRUNDLING THE HOOP.

This healthy exercise and play,
Will make boy’s warm in winter’s day.
See sprightly o’er the verdant ground,
The youth with hoop so nimbly bound.

This play is quite innocent
and useful, provided it is done
off the pavements, or not in
the time which should be devoted to study or business.
RIDE IN A CHAIR.

Carry young Mary safe and sound,
Or she will fall upon the ground:
How fine she rides! how pleas’d they are!
’Tis hard to tell which best do fare.

How many ways there are to be innocently engaged in play! We can hardly think of one that would likely give so much pleasure to both parties as the above.
SWINGING.

Their time to pass in healthful play,
The boys and girls they swing away;
But do take care the rope be fast,
Ere a sad fall you catch at last.

Although it is delightful to glide in a Swing, yet it is attended with some danger. Therefore children should not engage in it, but with the consent of their parents.
FOOT BALL.

Up goes the ball, now hit it well,
Who'll kick it next, is hard to tell—
Take care you don't each other wound,
Nor make a tumble on the ground.

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This play is not so desirable
as some others of the kind;
for, in the hurry to kick the ball, boys sometimes hurt
each other sadly.
FLYING THE KITE.

What can to youth give more delight,
Than flying of the paper Kite:
See, Henry runs—she mounts, she flies!
Huzza! Huzza! young Martin cries!

In the spring, the boys of New-York fly their kites, and one may see several at a time high in the air. But still it is against the law, for horses are often frightened by them.
BOW AND ARROW.

Bend well your bow, your skill to try
Then shoot the target in the eye:
'Tis better thus to be employ'd,
Than have the birds for nought destroy'd.

Children are fond of variety; and this play will do, if care be taken not to shoot at each other, or kill birds wantonly. It will not answer at all in the crowded streets of New-York.
I SPI HI!

In this play, the boys do choose
Those who for running are most us’d!
Now out they go, they spy, they hide,
If they can catch one, home they ride.

This play has a tendency
to exercise the limbs, and to
learn to run swiftly. Take
care when you are caught, to
give up cheerfully, and always
resolve to play in good humour.
BLINDMAN’S BUFF.

Who ever play’d at Blindman’s Buff,
And was the first to say “Enough?”
See there she goes! they skip, they run!
All seem to join in the fine fun.

This is a very common play, and affords little children fine amusement. But don’t tie the bandage so tight as to hurt the eyes, nor suffer the one who is blinded to run against any thing.
SKIPPING THE ROPE.

So sprightly o’er the verdant ground
See the skippers nimbly bound,
Round goes the rope, up jumps the boy
Th’ occasion to them of much joy.

Little girls and boys can amuse themselves in this play
with much propriety. In cities, especially, where play ground
is scarce, this exercise is very commendable.

THE END.